

INVITATION

1° IRON - MASTER - 24 HOURS

OSV-ID: 2019122101-9-ss

This is an International Invitation Competition for Masters Swimmers, where all 18 swim events (50m / 100m / 200m in all strokes, 100m / 200m / 400m IM and 400m / 800m / 1500m freestyle) have to be swum within 24 hours.

Organisation: SV StuBay Telfes, Page: www.sv-telfes.at; Email: schwimmen@sv-telfes.at

Coordination: Gerald DARINGER, +43 699 1195 41 71

Date and Location: **21./22.12.2019:** Universitätssportinstitut, Fürstenweg 185, 6020 Innsbruck
- 25m pool, 6 lanes, water temperature 26° C, water depth 1,80m, electronic timing

Age groups:

Ageclass	AG 25	AG 30	AG 35	AG 40	AG 45	AG 50
Year of Birth	1990-1994	1985-1989	1980-1984	1975-1979	1970-1974	1965-1969
AG 55	AG 60	AG 65	AG 70	AG 75	AG 80	AG 85 & older
1960-1964	1955-1959	1950-1954	1945-1949	1940-1944	1935-1939	1934 & older

Eligibility:

All athletes must be members of a club affiliated with a FINA-member federation. Registration will be treated as confirmation of fitness to swim. Upon request, athletes have to provide a Sports Medical Certificate not older than 12 months on the day of the competition.

Competition Rules:

All competition rules are in accordance with the rules of the Austrian Swimming Federation (OSV) and the International Swimming Federation (FINA). Heats will be seeded according to the specified entry times provided in the registration.

Photos: By registering for this event, participants agree to the publication of their photos. The consent includes all publications in press and media as well as presentations of the SV StuBay Telfes.

Registration deadline: **22.11.2019**

Registration address: SV Freizeitcenter StuBay Telfes, z.H. **Gerald Daringer**, Lange Gasse 4/8, 6165 Telfes im Stubai, 24hironmaster@gmail.com, Tel. +43 699 1195 4171

Entry fees: EUR 83,- per person / Payments have to be received by the registration deadline on following account: "SV Telfes - Schwimmen" mit der Kontonummer IBAN AT66 3623 0000 0003 8273, BIC: RZTIAT22230 und Anschrift Salzgasse 1b, A-6165 Telfes.

Awards:

Each participant receives a certificate and a commemorative medal, as well as a special gift. The best three swimmers (male and female) after 1000 points score will receive a trophy. In each competition there is a basic time sorted by gender, age group, discipline and long-distance / short-course (average time based on the top 10 of the Masters-World-Ranking List - 2011 base points), which corresponds to 1000 points (compare Italy, Circuito Supermaster rating).

Best regards



Gerald DARINGER
SV StuBay Telfes



Timetable

Competition Program

Session 1: Saturday 21.12.2019

13:00 warm up
14:00 start of competition
 14:00 **200m IM**
 14:20 **50m Backstroke**
 14:36 **200m Breaststroke**
 14:58 **100m Butterfly**
 15:18 **50m Breaststroke**
 15:33 **200m Freestyle**
 15:53 **50m Freestyle**
 16:08 **200m Backstroke**
 16:28 **1500m Freestyle**
19:08 end of session 1

Session 2: Sunday 22.12.2019

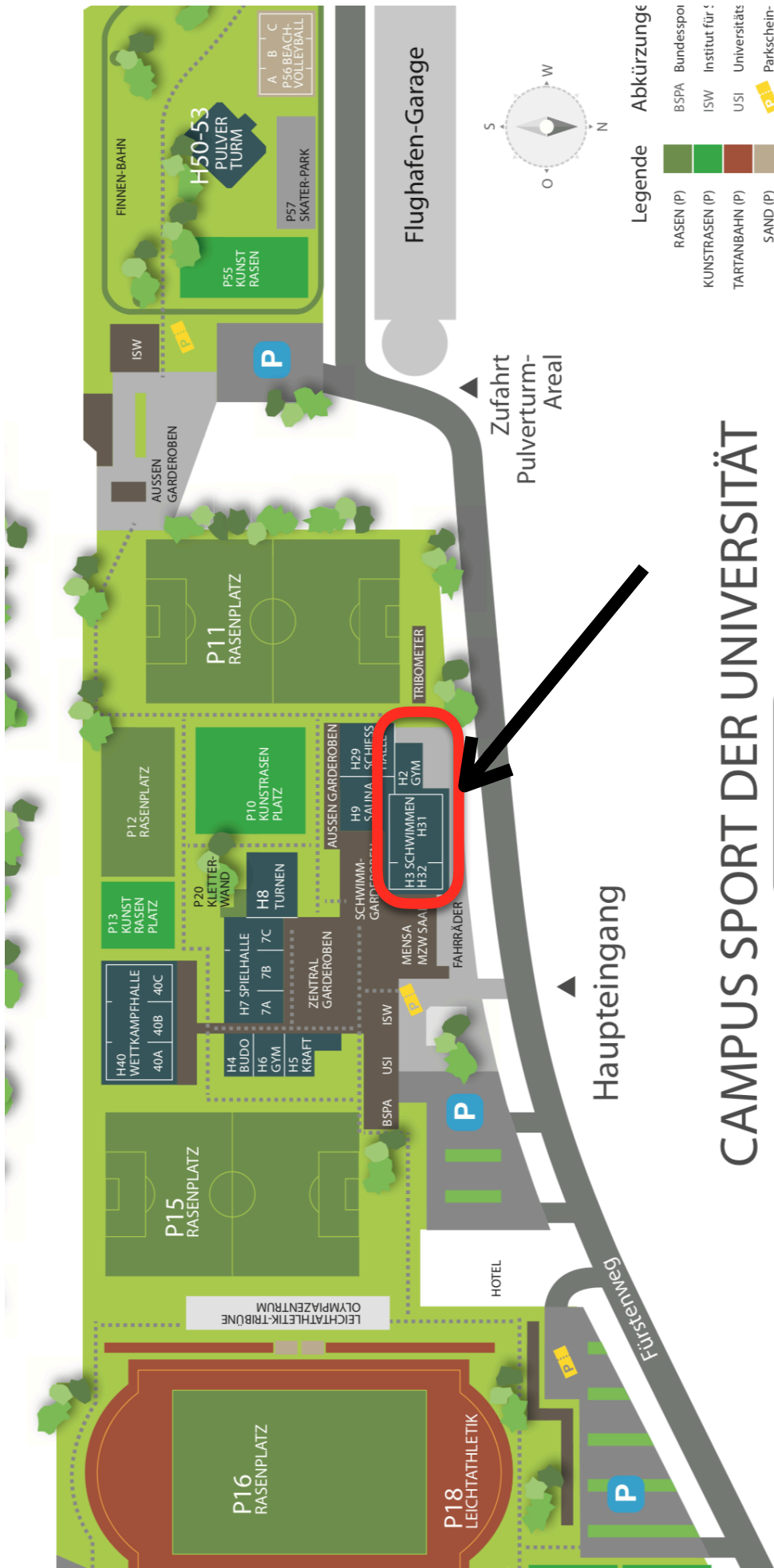
8:00 warm up
9:00 start of competition
 9:00 **400m IM**
 9:40 **100m Breaststroke**
 9:51 **100m Freestyle**
 10:01 **200m Butterfly**
 10:23 **400m Freestyle**
 11:05 **50m Butterfly**
 11:20 **100m Backstroke**
 11:41 **100m IM**
 12:01 **800m Freestyle**
13:31 end of session 2

Session 1:

1 200m IM
 2 200m IM
 3 50m Backstroke
 4 50m Backstroke
 5 200m Breaststroke
 6 200m Breaststroke
 7 100m Butterfly
 8 100m Butterfly
 9 50m Breaststroke
 10 50m Breaststroke
 11 200m Freestyle
 12 200m Freestyle
 13 50m Freestyle
 14 50m Freestyle
 15 200m Backstroke
 16 200m Backstroke
 17 1500m Freestyle
 18 1500m Freestyle

Session 2:

19 400m IM
 20 400m IM
 21 100m Breaststroke
 22 100m Breaststroke
 23 100m Freestyle
 24 100m Freestyle
 25 200m Butterfly
 26 200m Butterfly
 27 400m Freestyle
 28 400m Freestyle
 29 50m Butterfly
 30 50m Butterfly
 31 100m Backstroke
 32 100m Backstroke
 33 100m IM
 34 100m IM
 35 800m Freestyle
 36 800m Freestyle



CAMPUS SPORT DER UNIVERSITÄT

INNSBRUCK

Legende

 RASEN (P)	Abkürzungen	 BSPA Bundesspor
 KUNSTRASEN (P)		 Institut für :
 TARTANBAHN (P)		 USI Universität
 SAND (P)		 Parkschein-
 USI-HALLEN (H)		
 INFRASTRUKTUR		
 PARKPLÄTZE		
 ZUSCHAUER		

