

ASKÖ Bundesmeisterschaften 2012

MSECM Austria

19:00 Uhr

Wettkampf 4 - 400m Freistil männlich Masters

Altersklasse 40

1. Nagl, Norbert	1968 AUT Schwimm-Union-Wien	05:10,59	369
RT +0,92, 50m: 00:36,26, 100m: 01:15,11 (00:38,85), 150m: 01:54,18 (00:39,07), 200m: 02:34,16 (00:39,98) 250m: 03:13,16 (00:39,00), 300m: 03:52,35 (00:39,19), 350m: 04:31,62 (00:39,27), 400m: 05:10,59 (00:38,97)			

Wettkampf 8 - 400m Lagen männlich Masters

Altersklasse 40

2. Nagl, Norbert	1968 AUT Schwimm-Union-Wien	06:02,57	+06.96	325
RT +0,85, 50m: 00:37,82, 100m: 01:25,07 (00:47,25), 150m: 02:13,07 (00:48,00), 200m: 02:59,86 (00:46,79) 250m: 03:50,43 (00:50,57), 300m: 04:42,53 (00:52,10), 350m: 05:23,17 (00:40,64), 400m: 06:02,57 (00:39,40)				