



## 43. Arena European Junior Swimming Championships 06.07.-10.07.2016



### Continue Event 1 - 50m Breaststroke Women Preliminary

#### Juniors

38.	Pereira, Raquel Gomes	2000	POR	Portugal	00:33,56	+01.56	677
	RT +0.69						
43.	Borges, Claudia Ferreira	1999	POR	Portugal	00:33,74	+01.74	667
	RT +0.63						

### Continue Event 4 - 400m Freestyle Men Preliminary

#### Juniors

27.	Pina, Guilherme Filipe	1998	POR	Portugal	03:59,83	+09.24	772
	RT +0.71 50m: 00:28,02, 100m: 00:57,90 (00:29,88), 150m: 01:28,16 (00:30,26), 200m: 01:58,66 (00:30,50) 250m: 02:29,19 (00:30,53), 300m: 02:59,66 (00:30,47), 350m: 03:30,10 (00:30,44), 400m: 03:59,83 (00:29,73)						
39.	Carvalho, Jose Paula	1998	POR	Portugal	04:02,11	+11.52	751
	RT +0.68 50m: 00:28,07, 100m: 00:58,55 (00:30,48), 150m: 01:29,51 (00:30,96), 200m: 02:00,55 (00:31,04) 250m: 02:30,72 (00:30,17), 300m: 03:01,29 (00:30,57), 350m: 03:32,03 (00:30,74), 400m: 04:02,11 (00:30,08)						

### Continue Event 5 - 200m Butterfly Women Preliminary

#### Juniors

29.	Henriques, Ines Jacinto	2000	POR	Portugal	02:20,94	+09.88	645
	RT +0.79 50m: 00:31,04, 100m: 01:06,18 (00:35,14), 150m: 01:42,71 (00:36,53), 200m: 02:20,94 (00:38,23)						

#### --- 2. Session ---

### Continue Event 12 - 800m Freestyle Women fastest heat

#### Juniors

2.	Holub, Tamila Hryhorivna	1999	POR	Portugal	08:36,57	+02.20	839
	RT +0.72 50m: 00:30,12, 100m: 01:02,19 (00:32,07), 150m: 01:34,70 (00:32,51), 200m: 02:07,24 (00:32,54) 250m: 02:40,17 (00:32,93), 300m: 03:12,81 (00:32,64), 350m: 03:45,67 (00:32,86), 400m: 04:18,43 (00:32,76) 450m: 04:50,96 (00:32,53), 500m: 05:23,52 (00:32,56), 550m: 05:55,97 (00:32,45), 600m: 06:28,49 (00:32,52) 650m: 07:01,02 (00:32,53), 700m: 07:33,39 (00:32,37), 750m: 08:05,35 (00:31,96), 800m: 08:36,57 (00:31,22)						

#### --- 3. Session ---

### Continue Event 14 - 400m Freestyle Women Preliminary

#### Juniors

11.	Holub, Tamila Hryhorivna	1999	POR	Portugal	04:16,77	R +04.62	800
	50m: 00:30,61, 100m: 01:02,60 (00:31,99), 150m: 01:35,02 (00:32,42), 200m: 02:07,68 (00:32,66) 250m: 02:40,23 (00:32,55), 300m: 03:12,89 (00:32,66), 350m: 03:45,32 (00:32,43), 400m: 04:16,77 (00:31,45)						
66.	Azevedo, Madalena Gomes	1999	POR	Portugal	04:35,06	+22.91	650
	RT +0.73 50m: 00:31,50, 100m: 01:05,63 (00:34,13), 150m: 01:40,12 (00:34,49), 200m: 02:15,12 (00:35,00) 250m: 02:49,70 (00:34,58), 300m: 03:24,85 (00:35,15), 350m: 04:00,47 (00:35,62), 400m: 04:35,06 (00:34,59)						





## 43. Arena European Junior Swimming Championships

06.07.-10.07.2016



### Continue Event 14 - 400m Freestyle Women Preliminary

### Continue Event 15 - 200m Butterfly Men Preliminary

#### Juniors

22.	Carvalho, Jose Paula	1998	POR	Portugal	02:04,63	R +06.53	716
RT +0.72 50m: 00:27,94, 100m: 00:59,47 (00:31,53), 150m: 01:31,98 (00:32,51), 200m: 02:04,63 (00:32,65)							

### Continue Event 16 - 200m Breaststroke Women Preliminary

#### Juniors

15.	Pereira, Raquel Gomes	2000	POR	Portugal	02:33,51	q +02.51	744
RT +0.73 50m: 00:34,94, 100m: 01:14,17 (00:39,23), 150m: 01:54,19 (00:40,02), 200m: 02:33,51 (00:39,32)							
46.	Borges, Claudia Ferreira	1999	POR	Portugal	02:38,79	+07.79	672
RT +0.63 50m: 00:35,55, 100m: 01:15,73 (00:40,18), 150m: 01:57,17 (00:41,44), 200m: 02:38,79 (00:41,62)							

### Continue Event 17 - 200m Ind. Medley Men Preliminary

#### Juniors

----	Vital, Joao Alexandre	1998	POR	Portugal		DNS	!
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--- 4. Session ---

### Continue Event 216 - 200m Breaststroke Women Semi-Final

#### Juniors

16.	Pereira, Raquel Gomes	2000	POR	Portugal	02:34,39	+07.14	731
RT +0.72 50m: 00:34,68, 100m: 01:14,22 (00:39,54), 150m: 01:54,89 (00:40,67), 200m: 02:34,39 (00:39,50)							

### Continue Event 19 - 1500m Freestyle Men fastest heat

#### Juniors

6.	Pina, Guilherme Filipe	1998	POR	Portugal	15:23,46	+15.15	839
RT +0.73 50m: 00:28,51, 100m: 00:58,56 (00:30,05), 150m: 01:29,56 (00:31,00), 200m: 02:00,22 (00:30,66)							
250m: 02:31,23 (00:31,01), 300m: 03:02,34 (00:31,11), 350m: 03:33,37 (00:31,03), 400m: 04:04,42 (00:31,05)							
450m: 04:35,39 (00:30,97), 500m: 05:06,56 (00:31,17), 550m: 05:37,69 (00:31,13), 600m: 06:08,64 (00:30,95)							
650m: 06:39,68 (00:31,04), 700m: 07:10,52 (00:30,84), 750m: 07:41,39 (00:30,87), 800m: 08:12,31 (00:30,92)							
850m: 08:43,18 (00:30,87), 900m: 09:14,11 (00:30,93), 950m: 09:44,99 (00:30,88), 1000m: 10:15,73 (00:30,74)							
1050m: 10:46,66 (00:30,93), 1100m: 11:17,66 (00:31,00), 1150m: 11:48,48 (00:30,82), 1200m: 12:19,51 (00:31,03)							
1250m: 12:50,42 (00:30,91), 1300m: 13:21,34 (00:30,92), 1350m: 13:52,34 (00:31,00), 1400m: 14:23,19 (00:30,85)							
1450m: 14:53,73 (00:30,54), 1500m: 15:23,46 (00:29,73)							

--- 5. Session ---





## 43. Arena European Junior Swimming Championships

06.07.-10.07.2016



### Continue Event 20 - 50m Backstroke Women Preliminary

#### Juniors

51.	Guedes, Ana Margarida	2001	POR	Portugal	00:30,71	+01.95	684
	RT +0.60						

### Continue Event 22 - 200m Freestyle Women Preliminary

#### Juniors

53.	Henriques, Ines Jacinto	2000	POR	Portugal	02:07,35	+06.92	698
	RT +0.77 50m: 00:30,08, 100m: 01:02,23 (00:32,15), 150m: 01:34,91 (00:32,68), 200m: 02:07,35 (00:32,44)						
57.	Azevedo, Madalena Gomes	1999	POR	Portugal	02:07,95	+07.52	688
	RT +0.75 50m: 00:29,77, 100m: 01:02,30 (00:32,53), 150m: 01:35,36 (00:33,06), 200m: 02:07,95 (00:32,59)						

### Continue Event 23 - 200m Backstroke Men Preliminary

#### Juniors

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	Vital, Joao Alexandre	1998	POR	Portugal		DNS	!
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### Continue Event 26 - 4x100m Medley Women Preliminary

#### Juniors

23.	1. Team		POR	Portugal	04:22,22	+11.82	693
	Guedes Ana Margarida (2001), RT +0.63 50m: 00:32,32, 100m: 01:06,73 (00:34,41)						
	Borges Claudia Ferreira (1999), RT +0.11 150m: 01:40,52 (00:33,79), 200m: 02:18,48 (00:37,96)						
	Henriques Ines Jacinto (2000), RT +0.26 250m: 02:48,95 (00:30,47), 300m: 03:23,94 (00:34,99)						
	Pereira Raquel Gomes (2000), RT -0.02 350m: 03:51,89 (00:27,95), 400m: 04:22,22 (00:30,33)						

--- 6. Session ---

### Event 27 - 1500m Freestyle Women fastest heat

WJR	24.08.2014	Ledecky, Kathleen	USA	15:28,36	Gold Coast (AUS)
EJR				16:02.29	

#### Juniors

1.	Holub, Tamila Hryhorivna	1999	POR	Portugal	16:20,80	840
	RT +0.80 50m: 00:30,81, 100m: 01:03,15 (00:32,34), 150m: 01:36,00 (00:32,85), 200m: 02:08,76 (00:32,76)					
	250m: 02:41,22 (00:32,46), 300m: 03:13,85 (00:32,63), 350m: 03:46,25 (00:32,40), 400m: 04:18,64 (00:32,39)					
	450m: 04:51,11 (00:32,47), 500m: 05:23,64 (00:32,53), 550m: 05:56,20 (00:32,56), 600m: 06:28,83 (00:32,63)					
	650m: 07:01,53 (00:32,70), 700m: 07:34,26 (00:32,73), 750m: 08:06,91 (00:32,65), 800m: 08:39,49 (00:32,58)					
	850m: 09:12,26 (00:32,77), 900m: 09:44,99 (00:32,73), 950m: 10:18,04 (00:33,05), 1000m: 10:50,84 (00:32,80)					
	1050m: 11:23,73 (00:32,89), 1100m: 11:56,65 (00:32,92), 1150m: 12:29,86 (00:33,21), 1200m: 13:02,89 (00:33,03)					
	1250m: 13:36,14 (00:33,25), 1300m: 14:09,25 (00:33,11), 1350m: 14:42,48 (00:33,23), 1400m: 15:15,65 (00:33,17)					
	1450m: 15:48,69 (00:33,04), 1500m: 16:20,80 (00:32,11)					





## 43. Arena European Junior Swimming Championships

06.07.-10.07.2016



### Event 27 - 1500m Freestyle Women fastest heat

WJR	24.08.2014	Ledecky, Kathleen	USA	15:28,36	Gold Coast (AUS)
EJR				16:02.29	

#### --- 7. Session ---

### Continue Event 30 - 100m Backstroke Women Preliminary

#### Juniors

30.	Guedes, Ana Margarida	2001	POR	Portugal	01:04,82	+02.93	720
RT +0.58 50m: 00:31,48, 100m: 01:04,82 (00:33,34)							

### Continue Event 32 - 200m Ind. Medley Women Preliminary

#### Juniors

37.	Azevedo, Madalena Gomes	1999	POR	Portugal	02:22,55	+07.26	692
RT +0.71 50m: 00:29,97, 100m: 01:05,73 (00:35,76), 150m: 01:49,49 (00:43,76), 200m: 02:22,55 (00:33,06)							

### Continue Event 34 - 100m Breaststroke Women Preliminary

#### Juniors

19.	Pereira, Raquel Gomes	2000	POR	Portugal	01:11,46	+02.11	730
RT +0.71 50m: 00:34,16, 100m: 01:11,46 (00:37,30)							
60.	Borges, Claudia Ferreira	1999	POR	Portugal	01:15,79	+06.44	612
RT +0.70 50m: 00:35,49, 100m: 01:15,79 (00:40,30)							

### Continue Event 37 - 800m Freestyle Men slow heats

#### Juniors

	Carvalho, Jose Paula	1998	POR	Portugal	08:21,36	+13.08	733
RT +0.72 50m: 00:28,21, 100m: 00:57,67 (00:29,46), 150m: 01:28,57 (00:30,90), 200m: 01:59,51 (00:30,94)							
250m: 02:30,82 (00:31,31), 300m: 03:02,10 (00:31,28), 350m: 03:33,70 (00:31,60), 400m: 04:05,40 (00:31,70)							
450m: 04:37,00 (00:31,60), 500m: 05:09,05 (00:32,05), 550m: 05:41,40 (00:32,35), 600m: 06:13,62 (00:32,22)							
650m: 06:45,51 (00:31,89), 700m: 07:17,99 (00:32,48), 750m: 07:49,60 (00:31,61), 800m: 08:21,36 (00:31,76)							

#### --- 8. Session ---

### Continue Event 37 - 800m Freestyle Men fastest heat

#### Juniors

6.	Pina, Guilherme Filipe	1998	POR	Portugal	08:06,97	+10.33	800
RT +0.72 50m: 00:28,19, 100m: 00:58,07 (00:29,88), 150m: 01:28,24 (00:30,17), 200m: 01:58,53 (00:30,29)							
250m: 02:29,22 (00:30,69), 300m: 03:00,04 (00:30,82), 350m: 03:30,66 (00:30,62), 400m: 04:01,27 (00:30,61)							
450m: 04:31,92 (00:30,65), 500m: 05:02,62 (00:30,70), 550m: 05:33,45 (00:30,83), 600m: 06:04,36 (00:30,91)							
650m: 06:35,46 (00:31,10), 700m: 07:06,31 (00:30,85), 750m: 07:37,19 (00:30,88), 800m: 08:06,97 (00:29,78)							
15.	Carvalho, Jose Paula	1998	POR	Portugal	08:21,36	+24.72	733
RT +0.72 50m: 00:28,21, 100m: 00:57,67 (00:29,46), 150m: 01:28,57 (00:30,90), 200m: 01:59,51 (00:30,94)							
250m: 02:30,82 (00:31,31), 300m: 03:02,10 (00:31,28), 350m: 03:33,70 (00:31,60), 400m: 04:05,40 (00:31,70)							
450m: 04:37,00 (00:31,60), 500m: 05:09,05 (00:32,05), 550m: 05:41,40 (00:32,35), 600m: 06:13,62 (00:32,22)							
650m: 06:45,51 (00:31,89), 700m: 07:17,99 (00:32,48), 750m: 07:49,60 (00:31,61), 800m: 08:21,36 (00:31,76)							





## 43. Arena European Junior Swimming Championships

06.07.-10.07.2016



### Continue Event 37 - 800m Freestyle Men fastest heat

--- 9. Session ---

### Continue Event 39 - 50m Butterfly Women Preliminary

#### Juniors

26. Guedes, Ana Margarida	2001 POR Portugal	00:27,98	+01.04	665
RT +0.49				

### Continue Event 40 - 400m Ind. Medley Men Preliminary

#### Juniors

19. Vital, Joao Alexandre	1998 POR Portugal	04:27,10	+07.34	760
RT +0.65 50m: 00:27,81, 100m: 00:59,64 (00:31,83), 150m: 01:33,77 (00:34,13), 200m: 02:06,26 (00:32,49)				
250m: 02:45,05 (00:38,79), 300m: 03:24,01 (00:38,96), 350m: 03:56,16 (00:32,15), 400m: 04:27,10 (00:30,94)				

### Continue Event 41 - 4x200m Freestyle Women Preliminary

#### Juniors

14. 1. Team	POR Portugal	08:28,70	+22.03	749
Holub Tamila Hryhorivna (1999), RT +0.69 50m: 00:29,45, 100m: 01:00,88 (00:31,43), 150m: 01:33,25 (00:32,37), 200m: 02:05,14 (00:31,89)				
Henriques Ines Jacinto (2000), RT +0.23 250m: 02:34,50 (00:29,36), 300m: 03:06,63 (00:32,13), 350m: 03:38,91 (00:32,28), 400m: 04:11,40 (00:32,49)				
Pereira Raquel Gomes (2000), RT +0.08 450m: 04:40,31 (00:28,91), 500m: 05:13,16 (00:32,85), 550m: 05:46,99 (00:33,83), 600m: 06:20,62 (00:33,63)				
Azevedo Madalena Gomes (1999), RT +0.35 650m: 06:49,92 (00:29,30), 700m: 07:22,43 (00:32,51), 750m: 07:55,98 (00:33,55), 800m: 08:28,70 (00:32,72)				
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