



Multinations Youth Swimming Meet 2019

13.04./14.04.2019



Continue Event 1 - 100m Freestyle Women

Girls

8. Stoura, Olga Dimitra	2005 GRE Greece	00:59,41	+02.04	659
RT +0.78 50m: 00:28,77, 100m: 00:59,41 (00:30,64)				

Continue Event 101 - 100m Freestyle Women extra heat

Girls

9. Sipitanou, Anastasia	2004 GRE Greece	01:00,90	+01.28	612
RT +0.54 50m: 00:28,56, 100m: 01:00,90 (00:32,34)				

Continue Event 2 - 100m Freestyle Men

Boys

5. Apostolakos, Konstantinos	2003 GRE Greece	00:52,58	+01.91	710
RT +0.70 50m: 00:25,49, 100m: 00:52,58 (00:27,09)				

Continue Event 102 - 100m Freestyle Men extra heat

Boys

6. Kontovas, Ioannis	2003 GRE Greece	00:54,20	+01.84	648
RT +0.67 50m: 00:26,13, 100m: 00:54,20 (00:28,07)				

Continue Event 3 - 200m Backstroke Women

Girls

5. Tsaprazi, Eirini Agoritsa	2004 GRE Greece	02:25,72	+09.48	617
RT +0.71 50m: 00:32,38, 100m: 01:09,37 (00:36,99), 150m: 01:47,65 (00:38,28), 200m: 02:25,72 (00:38,07)				

Continue Event 4 - 200m Backstroke Men

Boys

4. Kachris, Alexandros	2003 GRE Greece	02:07,86	+05.11	670
RT +0.66 50m: 00:30,34, 100m: 01:02,68 (00:32,34), 150m: 01:35,67 (00:32,99), 200m: 02:07,86 (00:32,19)				

Continue Event 5 - 400m Ind. Medley Women

Girls

2. Ioannidi, Efthychia	2005 GRE Greece	04:57,30	+02.40	719
RT +0.62 50m: 00:32,07, 100m: 01:08,74 (00:36,67), 150m: 01:46,39 (00:37,65), 200m: 02:22,67 (00:36,28) 250m: 03:05,23 (00:42,56), 300m: 03:48,29 (00:43,06), 350m: 04:23,74 (00:35,45), 400m: 04:57,30 (00:33,56)				



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Continue Event 5 - 400m Ind. Medley Women

Continue Event 6 - 400m Ind. Medley Men

Boys

3.	Sofikitis, Vasileios	2004	GRE	Greece	04:31,71	+04.07	722
RT +0.64 50m: 00:29,03, 100m: 01:02,96 (00:33,93), 150m: 01:39,28 (00:36,32), 200m: 02:14,95 (00:35,67)							
250m: 02:52,14 (00:37,19), 300m: 03:29,06 (00:36,92), 350m: 04:00,98 (00:31,92), 400m: 04:31,71 (00:30,73)							

Event 106 - 400m Ind. Medley Men extra heat

Boys

1.	Anastasakis, Dimitrios	2003	GRE	Greece	04:39,47		664
RT +0.68 50m: 00:28,98, 100m: 01:01,95 (00:32,97), 150m: 01:37,21 (00:35,26), 200m: 02:12,09 (00:34,88)							
250m: 02:52,67 (00:40,58), 300m: 03:33,79 (00:41,12), 350m: 04:08,39 (00:34,60), 400m: 04:39,47 (00:31,08)							

Continue Event 7 - 4x100m Medley Women

Girls

3.	1. Team		GRE	Greece	04:22,84	+05.48	683
Tsaprazi Eirini Agoritsa (2004 / 15 Years), RT +0.70 50m: 00:32,36, 100m: 01:06,32 (00:33,96)							
Angelaki Chara (2004 / 15 Years), RT +0.55 150m: 01:39,92 (00:33,60), 200m: 02:19,07 (00:39,15)							
Vlachou Anna Avgousta (2005 / 14 Years), RT +0.22 250m: 02:48,52 (00:29,45), 300m: 03:23,75 (00:35,23)							
Stoura Olga Dimitra (2005 / 14 Years), RT +0.33 350m: 03:51,73 (00:27,98), 400m: 04:22,84 (00:31,11)							

Continue Event 8 - 4x100m Medley Men

Boys

6.	1. Team		GRE	Greece	03:56,19	+03.96	675
Kougkoulos Anastasios (2003 / 16 Years), RT +0.70 50m: 00:28,25, 100m: 00:59,23 (00:30,98)							
Sofikitis Vasileios (2004 / 15 Years), RT +0.35 150m: 01:31,49 (00:32,26), 200m: 02:06,43 (00:34,94)							
Stamou Konstantinos Emmanou (2003 / 16 Years), RT +0.39 250m: 02:31,81 (00:25,38), 300m: 03:01,94 (00:30,13)							
Apostolakos Konstantinos (2003 / 16 Years), RT +0.44 350m: 03:28,14 (00:26,20), 400m: 03:56,19 (00:28,05)							

--- 2. Session ---

Continue Event 9 - 400m Freestyle Women

Girls

11.	Tsalouchou, Charoula	2004	GRE	Greece	04:37,42	+20.28	619
RT +0.71 50m: 00:31,25, 100m: 01:05,01 (00:33,76), 150m: 01:39,84 (00:34,83), 200m: 02:15,14 (00:35,30)							
250m: 02:50,85 (00:35,71), 300m: 03:26,44 (00:35,59), 350m: 04:02,41 (00:35,97), 400m: 04:37,42 (00:35,01)							



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Continue Event 10 - 400m Freestyle Men

Boys

3.	Kachris, Alexandros	2003	GRE	Greece	04:02,05	+03.87	751
RT +0.71 50m: 00:28,51, 100m: 00:59,22 (00:30,71), 150m: 01:29,94 (00:30,72), 200m: 02:00,59 (00:30,65) 250m: 02:31,16 (00:30,57), 300m: 03:01,78 (00:30,62), 350m: 03:32,21 (00:30,43), 400m: 04:02,05 (00:29,84)							

Event 11 - 100m Breaststroke Women

Girls

1.	Angelaki, Chara	2004	GRE	Greece	01:11,34		726 CR
RT +0.66 50m: 00:33,61, 100m: 01:11,34 (00:37,73)							

Continue Event 12 - 100m Breaststroke Men

Boys

6.	Sofikitis, Vasileios	2004	GRE	Greece	01:07,02	+04.56	618
RT +0.67 50m: 00:32,08, 100m: 01:07,02 (00:34,94)							

Continue Event 13 - 100m Butterfly Women

Girls

5.	Vlachou, Anna Avgousta	2005	GRE	Greece	01:04,78	+02.70	628
RT +0.71 50m: 00:30,92, 100m: 01:04,78 (00:33,86)							

Continue Event 113 - 100m Butterfly Women extra heat

Girls

3.	Stoura, Olga Dimitra	2005	GRE	Greece	01:06,34	+02.66	584
RT +0.76 50m: 00:30,74, 100m: 01:06,34 (00:35,60)							

Continue Event 14 - 100m Butterfly Men

Boys

4.	Stamou, Konstantinos Emmanou	2003	GRE	Greece	00:56,28	+03.96	693
RT +0.69 50m: 00:25,80, 100m: 00:56,28 (00:30,48)							



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Continue Event 114 - 100m Butterfly Men extra heat

Boys

3. Kougkoulos, Anastasios 2003 GRE Greece 00:57,61 +00.54 646
RT +0.77 50m: 00:26,63, 100m: 00:57,61 (00:30,98)

Continue Event 15 - 4x200m Freestyle Women

Girls

4. 1. Team GRE Greece 08:44,01 +21.23 685
Ioannidi Efthychia (2005 / 14 Years), RT +0.71 50m: 00:30,01, 100m: 01:02,95 (00:32,94), 150m: 01:36,49 (00:33,54), 200m: 02:09,76 (00:33,27)
Tsalouchou Charoula (2004 / 15 Years), RT +0.61 250m: 02:40,24 (00:30,48), 300m: 03:13,34 (00:33,10), 350m: 03:47,23 (00:33,89), 400m: 04:21,93 (00:34,70)
Sipitanou Anastasia (2004 / 15 Years), RT +0.58 450m: 04:51,31 (00:29,38), 500m: 05:25,14 (00:33,83), 550m: 06:00,62 (00:35,48), 600m: 06:35,22 (00:34,60)
Stoura Olga Dimitra (2005 / 14 Years), RT +0.37 650m: 07:04,68 (00:29,46), 700m: 07:37,16 (00:32,48), 750m: 08:11,08 (00:33,92), 800m: 08:44,01 (00:32,93)

Continue Event 16 - 4x200m Freestyle Men

Boys

2. 1. Team GRE Greece 07:40,24 +00.48 752
Kontovas Ioannis (2003 / 16 Years), RT +0.68 50m: 00:26,71, 100m: 00:55,77 (00:29,06), 150m: 01:25,22 (00:29,45), 200m: 01:55,79 (00:30,57)
Anastasakis Dimitrios (2003 / 16 Years), RT +0.34 250m: 02:22,43 (00:26,64), 300m: 02:51,66 (00:29,23), 350m: 03:22,99 (00:31,33), 400m: 03:53,29 (00:30,30)
Apostolakos Konstantinos (2003 / 16 Years), RT +0.26 450m: 04:19,79 (00:26,50), 500m: 04:49,13 (00:29,34), 550m: 05:19,00 (00:29,87), 600m: 05:49,19 (00:30,19)
Stamou Konstantinos Emmanou (2003 / 16 Years), RT +0.24 650m: 06:14,81 (00:25,62), 700m: 06:43,08 (00:28,27), 750m: 07:12,12 (00:29,04), 800m: 07:40,24 (00:28,12)

--- 3. Session ---

Continue Event 17 - 800m Freestyle Women

Girls

6. Tsalouchou, Charoula 2004 GRE Greece 09:25,50 +34.92 630
RT +0.74 50m: 00:32,28, 100m: 01:06,90 (00:34,62), 150m: 01:42,26 (00:35,36), 200m: 02:17,84 (00:35,58)
250m: 02:53,44 (00:35,60), 300m: 03:29,05 (00:35,61), 350m: 04:04,88 (00:35,83), 400m: 04:40,57 (00:35,69)
450m: 05:16,30 (00:35,73), 500m: 05:52,15 (00:35,85), 550m: 06:28,15 (00:36,00), 600m: 07:04,04 (00:35,89)
650m: 07:39,92 (00:35,88), 700m: 08:15,58 (00:35,66), 750m: 08:51,36 (00:35,78), 800m: 09:25,50 (00:34,14)

Continue Event 18 - 200m Breaststroke Men

Boys

4. Sofikitis, Vasileios 2004 GRE Greece 02:23,94 +06.16 681
RT +0.68 50m: 00:32,93, 100m: 01:10,39 (00:37,46), 150m: 01:48,29 (00:37,90), 200m: 02:23,94 (00:35,65)



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Continue Event 19 - 200m Breaststroke Women

Girls

8. Angelaki, Chara 2004 GRE Greece 02:40,45 +07.66 651
 RT +0.67 50m: 00:35,69, 100m: 01:15,74 (00:40,05), 150m: 01:56,82 (00:41,08), 200m: 02:40,45 (00:43,63)

Continue Event 20 - 100m Backstroke Men

Boys

5. Kougkoulos, Anastasios 2003 GRE Greece 00:58,83 +02.28 684
 RT +0.70 50m: 00:28,00, 100m: 00:58,83 (00:30,83)

Continue Event 21 - 100m Backstroke Women

Girls

6. Tsaprazi, Eirini Agoritsa 2004 GRE Greece 01:06,02 +02.25 678
 RT +0.63 50m: 00:31,48, 100m: 01:06,02 (00:34,54)

Continue Event 121 - 100m Backstroke Women extra heat

Girls

13. Vlachou, Anna Avgousta 2005 GRE Greece 01:10,37 +05.00 559
 RT +0.71 50m: 00:33,66, 100m: 01:10,37 (00:36,71)

Continue Event 22 - 1500m Freestyle Men

Boys

2. Zachariadis, Konstantinos 2004 GRE Greece 16:12,00 +26.10 719
 RT +0.69 50m: 00:28,78, 100m: 01:00,06 (00:31,28), 150m: 01:31,72 (00:31,66), 200m: 02:03,65 (00:31,93)
 250m: 02:35,70 (00:32,05), 300m: 03:07,75 (00:32,05), 350m: 03:40,20 (00:32,45), 400m: 04:12,27 (00:32,07)
 450m: 04:44,39 (00:32,12), 500m: 05:16,47 (00:32,08), 550m: 05:48,73 (00:32,26), 600m: 06:20,91 (00:32,18)
 650m: 06:53,37 (00:32,46), 700m: 07:25,86 (00:32,49), 750m: 07:58,42 (00:32,56), 800m: 08:31,36 (00:32,94)
 850m: 09:04,15 (00:32,79), 900m: 09:37,11 (00:32,96), 950m: 10:09,79 (00:32,68), 1000m: 10:42,76 (00:32,97)
 1050m: 11:15,86 (00:33,10), 1100m: 11:49,10 (00:33,24), 1150m: 12:22,37 (00:33,27), 1200m: 12:55,57 (00:33,20)
 1250m: 13:28,97 (00:33,40), 1300m: 14:02,51 (00:33,54), 1350m: 14:35,57 (00:33,06), 1400m: 15:08,93 (00:33,36)
 1450m: 15:41,46 (00:32,53), 1500m: 16:12,00 (00:30,54)

--- 4. Session ---



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Continue Event 23 - 200m Freestyle Women

Girls

9. Tsalouchou, Charoula 2004 GRE Greece 02:11,41 +08.72 635
 RT +0.70 50m: 00:30,63, 100m: 01:03,75 (00:33,12), 150m: 01:37,80 (00:34,05), 200m: 02:11,41 (00:33,61)

Continue Event 123 - 200m Freestyle Women extra heat

Girls

Vlachou, Anna Avgousta 2005 GRE Greece DNS
 Cancelled.

Event 24 - 200m Freestyle Men

Boys

1. Stamou, Konstantinos Emmanou 2003 GRE Greece 01:53,03 734
 RT +0.68 50m: 00:25,81, 100m: 00:53,85 (00:28,04), 150m: 01:23,42 (00:29,57), 200m: 01:53,03 (00:29,61)

Continue Event 124 - 200m Freestyle Men extra heat

Boys

3. Kachris, Alexandros 2003 GRE Greece 01:56,64 +03.61 668
 RT +0.72 50m: 00:27,71, 100m: 00:56,97 (00:29,26), 150m: 01:27,21 (00:30,24), 200m: 01:56,64 (00:29,43)

Continue Event 25 - 200m Butterfly Women

Girls

10. Sipitanou, Anastasia 2004 GRE Greece 02:30,10 +15.09 534
 RT +0.64 50m: 00:31,75, 100m: 01:08,72 (00:36,97), 150m: 01:49,71 (00:40,99), 200m: 02:30,10 (00:40,39)

Continue Event 26 - 200m Butterfly Men

Boys

5. Kontovas, Ioannis 2003 GRE Greece 02:07,54 +03.65 668
 RT +0.67 50m: 00:27,96, 100m: 00:59,63 (00:31,67), 150m: 01:32,36 (00:32,73), 200m: 02:07,54 (00:35,18)



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Continue Event 126 - 200m Butterfly Men extra heat

Boys

2.	Zachariadis, Konstantinos	2004	GRE	Greece	02:08,82	+00.45	648
RT +0.66 50m: 00:28,48, 100m: 01:01,55 (00:33,07), 150m: 01:35,30 (00:33,75), 200m: 02:08,82 (00:33,52)							

Continue Event 27 - 200m Ind. Medley Women

Girls

3.	Ioannidi, Efthychia	2005	GRE	Greece	02:22,44	+03.58	694
RT +0.71 50m: 00:31,36, 100m: 01:07,86 (00:36,50), 150m: 01:50,31 (00:42,45), 200m: 02:22,44 (00:32,13)							

Continue Event 28 - 200m Ind. Medley Men

Boys

9.	Anastasakis, Dimitrios	2003	GRE	Greece	02:12,83	+05.47	632
RT +0.67 50m: 00:28,48, 100m: 01:01,59 (00:33,11), 150m: 01:41,69 (00:40,10), 200m: 02:12,83 (00:31,14)							

Continue Event 29 - 4x100m Freestyle Women

Girls

9.	1. Team		GRE	Greece	04:03,17	+08.84	644
Stoura Olga Dimitra (2005 / 14 Years), RT +0.78 50m: 00:29,24, 100m: 01:00,09 (00:30,85) Sipitanou Anastasia (2004 / 15 Years), RT +0.51 150m: 01:29,32 (00:29,23), 200m: 02:01,49 (00:32,17) Vlachou Anna Avgousta (2005 / 14 Years), RT +0.54 250m: 02:30,85 (00:29,36), 300m: 03:02,78 (00:31,93) Ioannidi Efthychia (2005 / 14 Years), RT +0.49 350m: 03:32,27 (00:29,49), 400m: 04:03,17 (00:30,90)							

Continue Event 30 - 4x100m Freestyle Men

Boys

3.	1. Team		GRE	Greece	03:31,54	+03.08	704
Stamou Konstantinos Emmanou (2003 / 16 Years), RT +0.67 50m: 00:24,61, 100m: 00:51,78 (00:27,17) Kougkoulos Anastasios (2003 / 16 Years), RT +0.45 150m: 01:16,96 (00:25,18), 200m: 01:45,11 (00:28,15) Kontovas Ioannis (2003 / 16 Years), RT +0.21 250m: 02:10,99 (00:25,88), 300m: 02:39,22 (00:28,23) Apostolakos Konstantinos (2003 / 16 Years), RT +0.22 350m: 03:04,35 (00:25,13), 400m: 03:31,54 (00:27,19)							