





## GENERAL INFORMATIONS FOR "6. INTERNAT. KURZBAHNMEISTERSCHAFT 2018"

There will be no victory ceremonies for the international events. The winner of the A-final will be awarded directly after the race after leaving the pool and has be available for an interview.

Please do your scratches prior one hour before start of heats. We will provide you every day with actual starting lists upon start of the competition.

## PRE COMPETION WARM UP PROCEDURES

There will be no diving during warm-up except in allocated sprint lanes!

No devices (fins, paddles, cords,..) are allowed during warm up!

Please inform your athletes. Procedure will be supervised by officials. In case of massive violations of rules athletes can be disqualified for a section or whole competion.

| LANE 0 | Sprint Lane- one way only from starting end |
|--------|---|
| LANE 1 | Pace lane                                   |
| LANE 2 | General swimming                            |
| LANE 3 | General swimming                            |
| LANE 4 | General swimming                            |
| LANE 5 | General swimming                            |
| LANE 6 | General swimming                            |
| LANE 7 | General swimming                            |
| LANE 8 | Pace lane                                   |
| LANE 9 | Sprint Lane- one way only from starting end |

Please practice also turns in training and not during competition warm-up!

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