

II.Győr ARENA Swim Cup

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2015. MARCH 11-14.

VENUE:

AQUA SPORT CENTER GYŐR

(EYOF2017 POOL)

GYŐR, 9025, BERCSÉNYI LIGET 108.

START BLOCKS AND TIMING:

OMEGA

ENTRY DEADLINE:

2015. MARCH 4.

ENTRIES, RESULTS AND LIVE TIMING:

WWW.CIS-ONLINE.NET



General Regulations

1. The II. Győr ARENA SWIM CUP will be held under the Rules of FINA.
2. In the morning sessions the 3 strongest heats come first in all events. After the "strong morning", the rest of the field have 30 minutes for warming up, and the session proceeds with the slower heats. In the afternoon sessions the best ten swimmers according to their preliminary-times will compete in Finals of their respective age groups shown below. 400IM, 800 FREE AND 1500 FREE ARE TIMED FINALS ONLY.
4. Age groups:

AGE GROUP	MEN	WOMEN
"OPEN"	1998 AND OLDER	1998 AND OLDER
JUNIOR1	1999-2000	1999-2000
JUNIOR2	2001-2002	2001-2002
JUNIOR3	2003-2004	2003-2004
JUNIOR4	2005 AND YOUNGER	2005 AND YOUNGER

MEDAL CEREMONY:

TOP 3 timed swimmers from each age group final are rewarded with a medal.

5. The entry fee will be Euro (€) 4,00 per single start.
6. The participating clubs and teams are responsible for transport and accommodation costs.

II. ARENA OPEN SWIM CUP GYŐR

	2015.MARCH 11.	2015. MARCH 12.	2015. MARCH 13.	2015. MARCH 14.
EVENTS	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEATS	OFF	50 W FREE	50 W FLY	50 W BACK
AM		50 M FREE	50 M FLY	50 M BACK
7:30-8:45		50 W BREAST	200 W MEDLEY	200 W FLY
WARM UP		50 M BREAST	200 M MEDLEY	200 M FLY
9:00		100 W FLY	100 W BACK	100 W BREAST
STRONG HEATS		100 M FLY	100 M BACK	100 M BREAST
		200 W BACK	200 W BREAST	100 W FREE
		200 M BACK	200 M BREAST	100 M FREE
		200 W FREE	400 W FREE	
		200 M FREE	400 M FREE	
FINALS	DAY1 TIMED FINALS	50 W FREE SEMI	50 W FLY SEMI	50 W BACK SEMI
PM	400 W MEDLEY	50 M FREE SEMI	50 M FLY SEMI	50 M BACK SEMI
16:00-16:45	400 M MEDLEY	50 W BREAST SEMI	200 W MEDLEY	200 W FLY
WARM UP	800 W FREE	50 M BREAST SEMI	200 M MEDLEY	200 M FLY
17:00	1500 M FREE	100 W FLY	100 W BACK	100 W BREAST
FINALS		100 M FLY	100 M BACK	100 M BREAST
		200 W BACK	200 W BREAST	100 W FREE
		200 M BACK	200 M BREAST	100 M FREE
		200 W FREE	400 W FREE	50 W BACK FINAL
		200 M FREE	400 M FREE	50 M BACK FINAL
		50 W FREE FINAL	50 W FLY FINAL	
		50 M FREE FINAL	50 M FLY FINAL	
		50 W BREAST FINAL		
		50 M BREAST FINAL		

OFFICIAL ACCOMODATION:

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