

INVITATION

RIO2016 QUALIFICATION

## V.Győr SCITEC Swim Cup

00 36 70 632 1982    petrovswim@gmail.com



# SCITEC NUTRITION®

2015. DECEMBER 16-19.

VENUE:  
AQUA SPORT CENTER GYŐR  
(EYOF2017 POOL)  
GYŐR, 9025, BERCSÉNYI LIGET 108.  
START BLOCKS AND TIMING:  
OMEGA  
ENTRY DEADLINE:  
2015. DEC 11.  
ENTRIES, RESULTS AND LIVE  
TIMING:  
[WWW.CIS-ONLINE.NET](http://WWW.CIS-ONLINE.NET)



### General Regulations

1. The competition will be held under the Rules of FINA.
2. In the morning sessions the 3 strongest heats come first in all events. After the "strong morning", the rest of the field have 30 minutes for warming up, and the session proceeds with the slower heats. In the afternoon sessions the best ten swimmers according to their preliminary-times will compete in Finals of their respective age groups shown below. 400IM, 800 FREE AND 1500 FREE ARE TIMED FINALS ONLY.
4. Age groups:

AGE GROUP	MEN	WOMEN
"OPEN"	1999 AND OLDER	1999 AND OLDER
JUNIOR1	2000-2001	2000-2001
JUNIOR2	2002-2003	2002-2003
JUNIOR3	2004-2005	2004-2005
JUNIOR4	2006 AND YOUNGER	2006 AND YOUNGER

### MEDAL CEREMONY:

TOP 3 timed swimmers from each age group final are rewarded with a medal.

5. The entry fee will be Euro (€) 4,00 per single start.
6. The participating clubs and teams are responsible for transport and accommodation costs.

## V. GYŐR SCITECH SWIM CUP

	2015.DEC 16.	2015. DEC 17.	2015. DEC 18.	2015. DEC 19.
EVENTS	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEATS	OFF	50 W FREE	50 W FLY	50 W BACK
AM		50 M FREE	50 M FLY	50 M BACK
7:30-8:45		50 W BREAST	200 W MEDLEY	200 W FLY
WARM UP		50 M BREAST	200 M MEDLEY	200 M FLY
9:00		100 W FLY	100 W BACK	100 W BREAST
STRONG HEATS		100 M FLY	100 M BACK	100 M BREAST
		200 W BACK	200 W BREAST	100 W FREE
		200 M BACK	200 M BREAST	100 M FREE
		200 W FREE	400 W FREE	
		200 M FREE	400 M FREE	
FINALS	DAY1 TIMED FINALS	50 W FREE SEMI	50 W FLY SEMI	50 W BACK SEMI
PM	400 W MEDLEY	50 M FREE SEMI	50 M FLY SEMI	50 M BACK SEMI
16:00-16:45	400 M MEDLEY	50 W BREAST SEMI	200 W MEDLEY	200 W FLY
WARM UP	800 W FREE	50 M BREAST SEMI	200 M MEDLEY	200 M FLY
17:00	1500 M FREE	100 W FLY	100 W BACK	100 W BREAST
FINALS		100 M FLY	100 M BACK	100 M BREAST
		200 W BACK	200 W BREAST	100 W FREE
		200 M BACK	200 M BREAST	100 M FREE
		200 W FREE	400 W FREE	50 W BACK FINAL
		200 M FREE	400 M FREE	50 M BACK FINAL
		50 W FREE FINAL	50 W FLY FINAL	
		50 M FREE FINAL	50 M FLY FINAL	
		50 W BREAST FINAL		
		50 M BREAST FINAL		

OFFICIAL ACCOMODATION:

HOTEL RÁBA CITY CENTER - 9021 GYŐR, ÁRPÁD ÚT 34. TEL: +36 96 / 889 467  
Email: [anita.kettinger@danubiushotels.com](mailto:anita.kettinger@danubiushotels.com)  
Web: [www.danubiushotels.com/raba](http://www.danubiushotels.com/raba)

HOTEL ISABELL - 9025 Győr, Lakatos u. 15. TEL: +36 96 / 528 020  
Email: [info@isabellhotel.hu](mailto:info@isabellhotel.hu)  
Web: [www.isabellhotel.hu](http://www.isabellhotel.hu)

RÉVÉSZ HOTEL - 9026 GYŐR, HÉDERVÁRI ÚT 22. TEL: +36 96 / 320 667  
Email: [hotel@duditshotels.hu](mailto:hotel@duditshotels.hu)  
Web: [www.duditshotels.hu](http://www.duditshotels.hu)

HOTEL FAMULUS - 9027 GYŐR, BUDAI ÚT 4-6. TEL: +36 96 / 547 770  
Email: [hotel@hotelfamulus.hu](mailto:hotel@hotelfamulus.hu)  
Web: [www.hotelfamulus.hu](http://www.hotelfamulus.hu)